# To Stay Strong, Safe & Active

The Active Medical Nutrition













Easy to take, ready to drink 1 to 3 bottles / day



#### **COMPLETE AND** BALANCED DIET

 Elderly: Involuntary weight loss, Sarcopenia, Pressure ulcers, Post-hip fracture

**Energy distribution:** P/CHO/L/F= 20% / 51% / 29% / 0%



## **HIGH BIOLOGICAL VALUE PROTEINS**

 Adults: Clinical conditions, High-intensity physical activity, Pre and post-surgery patients





### **ADAPTED** MICRONUTRIENTS PROFILE

· Pregnant women: Supplements during pregnancy





GLUTEN FREE

1 to 3 bottles / day

Glucose Under Control While Nourished



## LOW CARBOHYDRATE CONTENT AND HIGH FIBRE CONTENT

· Adults: Diabetes Mellitus (type I & II). Prediabetes: insulin resistance, Metabolic syndrome.



### RICH IN MUFA & PUFA

 Pregnant women: Gestational Diabetes, Pregnancy with diabetes





Usage

**CLINCALLY PROVEN** LOW GLYCEMIC INDEXS

Energy distribution: P/CHO/L/F= 25% / 39% / 31% / 5%



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One drink of 4 spoons (57 g) with 200 ml of water contains



Complete and balanced diet, 258kcal and 28 vitamins and minerals

Helps maintain adequate



9.4 g of %100 Protein system

Helps increase muscle mass (1)



3 g of prebiotic fibre (FOS)

Regulates intestinal transit (2, 3) and activates immune system

**Energy distribution:** P/CHO/L/F= 15% / 50% / 33% / 2%

# Omega 3 (ALA) and DHA

Helps support heart health (4, 5)

Calcium, phosphorous and vitamin D

Helps mantain healthy bones (6, 7, 8

Vitamin C, zinc and copper

Protects the immune system (9, 10, 11)

High

HEARY Elderly

**Pregnancy** 

All Adults





JUNION Age 1-14 years





4 Spoonful (56g) with 160 ml of water

- Reduces pathogen colonization
- Reduces susceptibility to infections
  - Regulates intestinal transit

 Help to reduce oxidative damage

Zinc, Selenium, Vitamins A and E

**Vitamins** minerals & antioxidants

that helps growth and muscular

• Anti-inflammatory properties Brain-neural development Cardioprotective effects

26,3 mg

MCTs 27%

> **Rapid Absorption and Energy release**

Picky eater

Failure to thrive

Food Intolerance

D.R.M

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**Energy distribution:** P/CHO/L/F= 9% / 53% / 37% / 1% High leucine content protein synthesis