



# comida OAc A FORMULA

For the Dietary Management of Organic Acidurias in  
**INFANTS IN THE FIRST YEAR OF LIFE**

- Supplies an isoleucine, methionine, threonine and valine free amino acid mixture of high biological value
- Contains lactose and LCP, free from sucrose
- Provides vitamins, minerals and trace elements
- Easy to prepare

#### DESCRIPTION

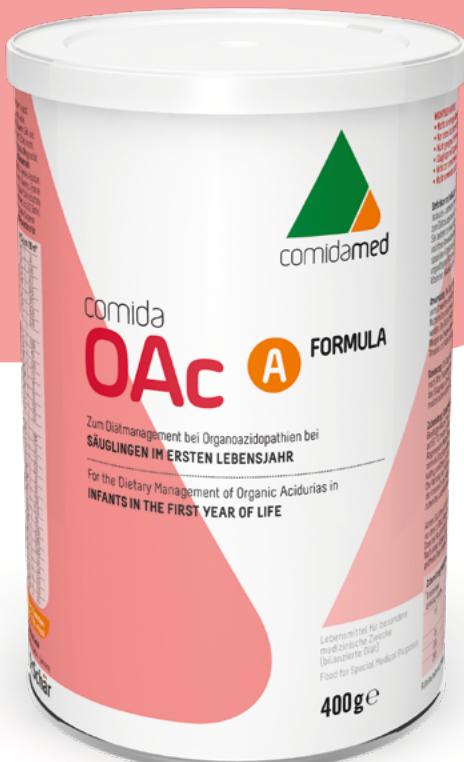
comida-OAc A formula is an amino acid mixture free from isoleucine, methionine, threonine and valine. comida-OAc A formula contains long chain polyunsaturated fatty acids (LCP), and is supplemented with vitamins, minerals and trace elements.

#### INDICATIONS

For the dietary treatment in infants with organic acidemias (acidurias) such as propionic acidemia (PPA) and methylmalonic acidemia (MMA) – vitamin B12 non-responsive.

#### RECOMMENDED USE

The daily amount of comida-OAc A formula needed depends on age, body weight and individual metabolic condition. The dose of comida-OAc A formula is to be determined by a physician and must be adjusted regularly. The daily amount required should be divided into 3 to 5 single portions and should be taken mixed also with food and beverages allowed in calculated amounts.



#### Preparation table:

Drinking volume	Water	comida-OAc A formula	Protein content
ml	ml	g	= No. of scoops*
35	30	4,3	1
100	90	13	3
200	180	26	6

\* 1 scoop = approx. 4,3 g comida-OAc A formula

#### IMPORTANT NOTICE:

- Not suitable as sole source of nutrition
- Must be used under medical supervision
- Not to be used by individuals without organic acidemias (acidurias)
- For infants with organic acidemias (acidurias)
- Not suitable for parenteral use
- Not to be used by individuals with lactose intolerance

comida-OAc A formula is free from any preserving agent, colourings or sweeteners



produced in  
**GERMANY**

Food for Special  
Medical Purposes

**Dr Schär**

**Ingredients:** Lactose (Milk), Vegetable oils (Palm oil, rapeseed oil, Palm kernel oil, sunflower oil), Maltodextrin, Starch, L-Lysine-L-Glutamate, L-Arginine-L-Aspartate, L-Glutamine acid, L-Leucine, L-Proline, tri-Calcium phosphate, L-Lysine-L-Aspartate, L-Serine, Emulsifier E 472c, tri-Potassium citrate, L-Alanine, L-Glutamine, L-Tyrosine, L-Phenylalanine, Glycine, L-Histidine, L-Cystine, L-Tryptophan, Sodium chloride, Potassium chloride, Oil from Mortierella alpina, Magnesium carbonate, Choline bitartrate, DHA and EPA-rich oil from the microalgae Schizochytrium sp., di-Calcium phosphate, Vitamins (A, D, E, K, C, B1, B2, Niacin, B6, Folic acid, Pantothenic acid, B12, Biotin), Inositol, L-Carnitine-L-Tartrate, Taurine, Iron-II-sulfate, Zinc sulfate, Emulsifier lecithine, Antioxidants Tocopherol-rich extract and Ascorbyl palmitate, Manganese sulfate, Copper sulfate, Sodium fluoride, Potassium iodide, Sodium molybdate, Chromium-III-chloride, Sodium selenite.

Nutrition facts		per 100 g	per 100 ml*	Minerals	per 100 g	per 100 ml*
Energy	kJ / kcal	2118 / 506	275 / 66	Sodium	mg	123
Fat (of which)	g	27	3,6	Potassium	mg	474
saturated fatty acids	g	10	1,3	Chloride	mg	335
monounsaturated fatty acids	g	13	1,7	Calcium	mg	496
polyunsaturated fatty acids	g	4,2	0,6	Phosphorus	mg	267
linoleic acid	g	3,5	0,5	Magnesium	mg	63,0
α-Linolenic acid	g	0,55	0,07	Iron	mg	6,0
arachidonic acid	mg	115	15	Zinc	mg	5,3
docusahexaenoic acid	mg	65	8,5	Copper	µg	347
<b>Carbohydrates</b>	<b>g</b>	<b>53</b>	<b>6,8</b>	Iodine	µg	84
of which Sugar	g	32	4,2	Chromium	µg	10
Lactose	g	31	4,0	Fluoride	µg	170
<b>Protein equivalent **</b>	<b>g</b>	<b>12</b>	<b>1,5</b>	Manganese	µg	399
Salt	g	0,31	0,04	Molybdenum	µg	25
<b>Amino acids</b>	<b>g</b>	<b>14</b>	<b>1,9</b>	Selenium	µg	15
L-Alanine	g	0,84	0,11	<b>Vitamins</b>		
L-Arginine	g	0,92	0,12	Vitamin A (RE)	µg	801
L-Aspartic acid	g	1,2	0,15	Vitamin D	µg	10
L-Cystine	g	0,48	0,06	Vitamin E (α-Tocopherol)	mg	9,0
L-Glutamic acid	g	2,2	0,29	Vitamin K	µg	22
L-Glutamine	g	0,80	0,10	Vitamin C	mg	80
Glycine	g	0,57	0,07	Vitamin B1	µg	420
L-Histidine	g	0,49	0,06	Vitamin B2	µg	902
L-Leucine	g	1,4	0,18	Niacin	mg	5,4
L-Lysine	g	1,3	0,17	Vitamin B6	µg	505
L-Phenylalanine	g	0,70	0,09	Folate (DFE)	µg	105
L-Proline	g	1,4	0,18	Pantothenic acid	mg	3,6
L-Serine	g	0,90	0,12	Vitamin B12	µg	1,2
L-Tryptophan	g	0,34	0,04	Biotin	µg	12
L-Tyrosine	g	0,77	0,10	L-Carnitine	mg	26

\* 13,0 g in 90 ml water    \*\* Conversion: 1 g Protein  
= 1,2 g Amino acids = 17 kJ = 4 kcal